



Helpful Resources for NJ ElderCare Service

Here is a list compilation highlighting where you can find various eldercare services.

Senior Farmers Market Nutrition Plan (SFMNP)

Senior Farmers Market Nutrition Plan (SFMNP) promotes nutritional health options for NJ senior citizens by providing them with locally grown fresh fruits, vegetables and herbs. Learn more about the SFMNP program [here](#).

Mobile Meals of Westfield

Mobile Meals of Westfield provides a cost-effective solution to have home delivered hot or cold meals. Learn more about Mobile Meals of Westfield [here](#).

Medicaid Eligibility in NJ

Medicaid Eligibility in NJ, Medicaid provides health insurance to parents/caretakers and our senior citizens. The program pays for hospital services, prescriptions, hospital services, nursing home care and other health care needs. It will also pay for assisted living facilities. (Call me on 908-502-6165 (Office)/908-337-9332 (Cell) or send me an e-mail at sistershelpingseniorsllc@gmail.com to discuss further)

Elder Care Attorneys

Elder Care Attorneys can assist with guardianship, power of attorney, wills and Medicaid applications. They can also assist with financial solutions and guidance on how to pay for long term care.

Real Estate Services

Real Estate Services, is it time to sell your home? Call today on 908-502-6165 (Office)/908-337-9332 (Cell) for a free market analysis.

Mortgage Brokers

Mortgage Brokers can provide answers whether a reverse mortgage is right for you.

Home Health Aides

Home Health Aides can provide help with activities of daily living in their home. Homecare is private pay unless there was a three night overnight stay. Certified



home care agencies will screen home health aides and determine the best care options for your needs at home. Using a certified home care agency will give you peace of mind.

Adult Day Care

Adult Day Care- There are several options for free and discounted options through the county.

Dementia Support Programs

Dementia support programs -Alzheimer's Support Groups-ALZ.org

Respite Care

Respite Care in assisted living or nursing facilities

The state of NJ implemented programs for seniors through the county they reside in. Jersey Assistance for Community Caregiving (JACC) and Managed long-term support and services (MLTSS) are community-based programs to provide assistance for seniors in their home. They are designed to expand home and community-based services, promote community inclusion and ensure quality and efficiency.

HealthEASE Program

HealthEASE is a NJ program created to coordinate and expand health promotion and disease prevention services for adults at the local level.

Adult Protective Services (APS)

Adult Protective Services also known as APS, if you someone 18 years or older that has been subjected to abuse, neglect or exploitation, an investigation will be completed.

Hearing Aid Assistance to the Aged and Disabled (HAAD)

Pharmaceutical Assistance to the Aged and Disabled (PAAD)
Lifeline Program

Office on Aging in NJ

Office on Aging in NJ assists the 21 counties in developing coordinated service for adults 60 and over. This also includes the state funded congregate housing services program (CHSP).

State Health Insurance Assistance Program (SHIP)



State Health Insurance Assistance Program (SHIP) will help with Medicare questions. NJ SAVE is an online application to help low income seniors and individuals with disabilities save money on Medicare premiums, prescription costs and other living expenses. 1-800-792-8820

Falls Free is a NJ Falls Prevention Workgroup

Ombudsman is an advocate for residents in a long-term care facility
To file a complaint 877-582-6995

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